

ELEA 2026 SAMPLE WEEKLY PROGRAMME

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
7AM - 8AM	Wake up and get ready! Meet new friends	Early morning activity (optional)	Wake up and get ready!	Early morning activity (optional)	Early morning activity (optional)	Wake up and get ready!	Early morning activity (optional)
8AM - 9AM	Breakfast in the castle	Breakfast in the castle and morning assembly	Breakfast in the castle	Breakfast in the castle	Breakfast in the castle	Breakfast in the castle	Breakfast in the castle
9AM - 12.30PM	 Welcome meeting Assessment and classroom induction	English classes	Day trip to Cardiff, the capital of Wales (includes packed lunch) 	Sport competition 	English classes	 Day Trip to the city of Bath (includes packed lunch)	English classes 
12.30 - 1.30PM	Lunch in the castle	Lunch in the castle 		Lunch in the castle	Lunch in the castle		Lunch in the castle
1.30PM - 5PM	Full campus and castle tour	Activity: archery / climbing / paddle sport or pool games		English classes	Guided walk on the coastal path to the Nash Point Lighthouse		Activity: archery / climbing / paddle sport or pool games
5.30 - 6.30PM	Dinner in the castle	Dinner in the castle	Dinner in the castle	Dinner in the castle	Campfire and cook out 	Dinner in the castle	Dinner in the castle
7.00 - 9.30PM	Evening assembly and team building games	Evening assembly and movie night (campus cinema)	Evening assembly and giant quiz	Learn about applying to UWC	Evening assembly and disco	Evening assembly and scavenger hunt/drama workshop	Evening assembly and karaoke 
9.30PM - 11PM	Relax in the house and lights out	Relax in the house and lights out 	Relax in the house and lights out	Relax in the house and lights out	Relax in the house and lights out	Relax in the house and lights out	Relax in the house and lights out