ELEA 2024 SAMPLE WEEKLY PROGRAMME

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
7AM - 8AM	Wake up and get ready! Meet new friends	Early morning activity (optional)	Wake up and get ready!	Early morning activity (optional)	Early morning activity (Optional)	Wake up and get ready!	Early morning activity (Optional)
8AM - 9AM	Breakfast in the house	Breakfast in castle dining hall	Breakfast in castle dining hall	Breakfast in castle dining hall	Breakfast in castle dining hall	Breakfast in castle dining hall	Breakfast in castle dining hall
9AM - 12.30PM	Welcome and assessment test Getting to know you classroom activities	English classes	Day Trip to Saint Fagans Museum of Welsh Life (includes packed lunch)	Sport competition	English classes	Day Trip to the city of Bath (includes packed lunch)	English classes
12.30 - 1.30PM	Lunch in castle dining hall	Lunch in castle dining hall		Lunch in castle dining hall	Lunch in castle dining hall		Lunch in castle dining hall
1.30PM - 5PM	Full campus castle tour and introductory team games	Activity: archery / climbing / paddle sport or pool games		English classes	Activity: archery / climbing / paddle sport or pool games		Activity: archery / climbing / paddle sport or pool games
5.30 - 6.30PM	Dinner in castle dining hall	Dinner in castle dining hall	Dinner in castle dining hall	Dinner in castle dining hall	BBQ	Dinner in castle dining hall	Dinner in castle dining hall
7.00 - 9.30PM	Evening briefing and sunset coastal walk	Evening briefing and movie night (campus cinema)	Evening briefing and giant quiz	Evening briefing and free time	Evening briefing and disco	Evening briefing and scavenger hunt/drama workshop	Evening briefing and karaoke
9.30PM - 11PM	Relax in the house and lights out	Relax in the house and lights out	Relax in the house and lights out	Relax in the house and lights out	Relax in the house and lights out	Relax in the house and lights out	Relax in the house and lights out